



CSHCN RESOURCE LIST FOR SPOKANE COUNTY, WA (as of 12/22/14)

Visit the resources directory on the Center for Children with Special Needs website for the most current information (www.cshcn.org).

Child Care/Respite Care

ARCH Resource Center for Respite and Crisis Care (NATIONAL)	703-256-2084	http://archrespite.org
Child Care Resource and Referral Network for Washington (STATEWIDE)	1-800-446-1114	http://www.childcarenet.org
Family Care Resources - Spokane	509-484-0048	http://www.community-minded.org/?pg=53

Child Development/Therapy Services/Screening Programs

Achieve Center - Spokane	509-435-0481	http://www.achievecenter.net
Center for Pediatric Therapy - Spokane	509-487-2958	http://www.spokanecpt.com
Children FIRST - Spokane	509-924-2850	www.childrenfirstspokane.org
Deaconess Medical Center - Infant Developmental Clinic	509-473-7501	
Department of Early Learning (DEL) for Washington (STATEWIDE)	1-866-482-4325	http://www.del.wa.gov/development/esit/
Early Support for Infants and Toddlers (previously ITEIP) for Washington (STATEWIDE) (Birth to three services)	1-866-482-4325	http://del.wa.gov/development/esit/Default.aspx
Early Support for Infants and Toddlers - Birth to Three Spokane Regional Health District	509-324-1651	http://www.srhd.org/services/nursing.asp
Enterprise for Progress in the Community (EPIC) (STATEWIDE)	509-248-3950 or toll free 1-800-748-8112	http://www.epicnet.org/index.php
Family Health Hotline - STATEWIDE	1-800-322-2588	http://www.ParentHelp123.org
Guilds' School & Neuromuscular Center (Birth to Three) - Spokane	509-326-1651	http://www.guildschool.org
Rite Care Program for Childhood Language Disorders	509-838-2310	http://www.ritecarespokane.org/
Spokane County Community Services - Developmental Disabilities Child Development Services	509-477-5969	http://www.spokanecounty.org/communitysvcs/DDP/content.aspx?c=2114
Spokane Guilds' School & Neuromuscular Center (Birth to Three)	509-326-1651	http://www.guildschool.org
St. Lukes Outpatient Pediatrics	509-473-6079	https://www.st-lukes.org/Sub.aspx?id=508
Stepping Stones Pediatric Therapy - Spokane	509-209-7429	http://www.sspediatrictherapy.com
University Hearing and Speech Clinic - Spokane	509-358-7580	http://spokane.wsu.edu/admissions/speech-hearing-sciences/hearing-speech-clinic.html
Youthful Horizons - Spokane	509-921-9798	http://www.youthfulhorizonstherapy.com/

Community/Public Health

Community Services, Housing and Community Development	509-477-4500 or 509-477-5722 (TDD)	http://www.spokanecounty.org/CommunitySvcs/content.aspx?c=2112
Division of Children Family Services (DCFS) - Spokane	509-363-3333 or toll free at 1-800-562-5624	
Public Health Departments -Washington (STATEWIDE)		http://www.doh.wa.gov/AboutUs/PublicHealthSystem/LocalHealthJurisdictions
Spokane Regional Health District	509-324-1500	http://www.srhd.org/
Spokane Regional Health District - Access to Baby and Child Dentistry (ABCD) Program	509-324-1478	http://www.srhd.org/services/dental.asp
Spokane Regional Health District - Children with Special Health Care Needs (CSHCN)	509-324-1696; 509-324-1665	http://www.srhd.org/services/nursing.asp

Spokane Regional Health District - Community Family Services	509-324-1640	http://www.srhd.org/services/nursing.asp
Spokane Regional Health District - Early Intervention Program	509-324-1649	http://www.srhd.org/services/nursing.asp
Spokane Regional Health District - Environmental Health	509-324-1560	http://www.srhd.org/services/environment.asp
Spokane Regional Health District - Health Promotions	509-324-1530	http://www.srhd.org
Spokane Regional Health District - Immunizations & Clinic Services	509-324-1600	http://www.srhd.org/topics/imms.asp
Spokane Regional Health District - Nurse Family Partnership	509-324-1621	http://www.srhd.org/services/nursing.asp

Education Services/Special Education/School Districts/School Nurses

Central Valley School District Special Education	509-228-5400	http://www.specialservices@cvsd.org
Cheney School District Special Education	509-559-4507	http://www.cheneysd.org
Cooperative Preschools	509-533-4895 or 509-533-4896	http://www.iel.spokane.edu/LNB/Find-child-care/Parent-Co-op-Preschool.aspx
Deer Park School District Special Education	509-464-5526	http://www.dpsd.org
Disabilities, Opportunities, Internetworking & Technology (DO-IT) - Advocates for Academic Careers (STATEWIDE)	1-888-972-3648 or 509-328-9331 (Spokane)	http://www.washington.edu/doi
Division of Vocational Rehabilitation (DVR) (STATEWIDE)	1-800-637-5627	http://www.dshs.wa.gov/dvr/
Domino Project Preschool (Autism Focus)	509-328-1582	http://www.nwautism.org/domino
Early Childhood Education Assistance Program (ECEAP) (STATEWIDE)	1-866-482-4325	http://www.del.wa.gov/parents-family/
East Valley School District Special Education	509-927-9511	http://www.evsd.org
Educational Service District #101	509-789-3800, 509-789-3538 (School Nurse Corps Coord.), 509-789-3529 (Special Education)	http://www.esd101.net
Educational Service District #105	509-454-3110	http://www.esd105.org/
Head Start/Early Childhood Education Assistance Program (ECEAP) - Spokane	509-533-4800	http://www.iel.spokane.edu/LNB/Find-child-care/Head-Start.aspx
Liberty School District Special Education	509-245-3211	http://www.libertysd.us
Mead School District Special Education	509-465-7600	http://www.mead354.org/
Medical Lake School District Special Education	509-565-3408	http://www.mlisd.org
Nine Mile Falls School District Special Education	509-340-4300	http://www.9mile.org
Office of the Education Ombudsman (STATEWIDE)	1-866-297-2597	http://www.governor.wa.gov/oeo
Office of the Superintendent of Public Instruction - School Health Services for Washington (STATEWIDE)	360-725-6040 or 360-664-3631 (TTY)	http://www.k12.wa.us/HealthServices/default.aspx
Office of the Superintendent of Public Instruction - Special Education for Washington (STATEWIDE)	360-725-6075 or 360-586-0126 (TTY)	http://www.k12.wa.us/specialed
Office of the Superintendent of Public Instruction-School Nurse Corps Program (STATEWIDE)	360-725-6040	http://www.k12.wa.us/HealthServices/SchoolNurse.aspx
Riverside School District Special Education	509-464-8361	http://www.riversidesd.org
Spokane Public Schools Special Education	509-354-6336 or 509-354-7947	http://www.spokaneschools.org/
West Valley School District Special Education	509-927-1138	http://www.wvsd.com

Health Insurance/Financial Assistance

Community Health Plan of Washington (STATEWIDE)	1-800-440-1561 or TTY 1-866-816-2479	http://www.chpw.org
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Department of Social and Health Services (DSHS) Community Service Office - Spokane North	509-227-2200	http://www.dshs.wa.gov/locate.shtml
Department of Social and Health Services (DSHS) Community Service Office - Spokane Southwest	509-227-2400	http://www.dshs.wa.gov/locate.shtml
Department of Social and Health Services (DSHS) Community Service Office - Spokane Valley	509-227-2700	http://www.dshs.wa.gov/locate.shtml
Department of Social and Health Services (DSHS) for Washington (STATEWIDE)	1-800-737-0617	http://www.dshs.wa.gov/
Health for All-Outreach (State Sponsored Medical Programs)	(855) 487-7686	http://community-minded.org/in-person-assisters
Indian Child Welfare/American Indian Center	509-535-0886	
Insure Kids Now (NATIONAL)	1-877-543-7669	http://www.insurekidsnow.gov/
Kinship Care Support Program (STATEWIDE)	1-800-562-3022	http://www.dshs.wa.gov/kinshipcare/
Office of the Insurance Commissioner for Washington (STATEWIDE)	360-725-7000 or toll free at 1-800-562-6900	http://www.insurance.wa.gov
Parent Help 123 - Online Eligibility Tool for State Services (STATEWIDE)	1-800-322-2588	http://www.parenthelp123.org/resources/health-insurance-programs
Statewide Health Insurance Benefits Advisors (SHIBA)	1-800-562-6900	http://www.insurance.wa.gov/shiba/index.shtml
Supplemental Security Income (SSI) (NATIONAL)	1-800-772-1213 or 1-800-325-0778 (TTY)	http://www.ssa.gov/ssi/
United Healthcare Children's Foundation (NATIONAL)	855-698-4223	http://www.uhccf.org
Washington Discount Prescription Drug Card (STATEWIDE)	1-800-913-4146	http://www.rx.wa.gov
Washington Health Program (STATEWIDE)	1-800-660-9840	http://www.washingtonhealth.hca.wa.gov/ ; Medicaid: http://www.hca.wa.gov/medicaid/Pages/index.aspx
Washington State Health Care Authority (Health Insurance for Low-Income Residents) (STATEWIDE - currently on hold)	1-855-923-4633	http://www.basichealth.hca.wa.gov
Washington State Insurance Pool (STATEWIDE)	1-800-877-5187	http://ehealthlink.com/Washington/WSHIP.asp
Hearing/Speech/Vision		
Department of Services for the Blind	509-456-2933	http://www.dsb.wa.gov
Department of Services for the Blind Vocational Rehab and Transition Programs	509-456-4458 or toll free at 1-800-552-7103	http://www.dsb.wa.gov
Early Hearing Loss Detection, Diagnosis and Intervention Information (EHDDI) (STATEWIDE)	206-418-5609	http://www.doh.wa.gov/cfh/EHDDI/Parents/default.htm
Eastern Washington Center for the Deaf and Hard of Hearing	509-328-9220	http://www.ewcdhh.org
Guide-By-Your-Side Program (STATEWIDE)	425-268-7087	http://www.wahandsandvoices.org/
Hope School (Oral Deaf Education)	(509) 828-1379	http://spokanehopeschool.org/
Northwest Parents of Blind Children - National Federation of the Blind	509-487-1732	
Parents of Children with Hearing Impairment Support Group	509-789-5785	
Sign Language Interpreter Referral Service	509-328-3728 or toll free at 1-800-214-3323	http://www.ewcdhh.org/interpreter_services.htm
Summit Assistance Dogs (STATEWIDE)	360-293-5609	http://www.summitdogs.org
Washington Department of Services for the Blind (STATEWIDE)	1-800-552-7103	http://www.dsb.wa.gov
Washington Sensory Disabilities Services (STATEWIDE)	1-800-572-7000 (Voice/TTY) or 425-917-7827 (Voice/TTY)	http://www.wsdsonline.org/
Washington Service Center for Deaf and Hard of Hearing - Spokane	509-456-4458	
Washington Speech to Speech Relay (STATEWIDE)	1-800-676-3777 (Voice/TTY) or 1-800-676-4290 (Spanish/TTY)	http://www.washingtonrelay.com/

Washington State Talking Book and Braille Library (STATEWIDE)	1-800-542-0866 or 206-615-0418 (TTY)	http://www.wtbbl.org
Information/Interpreters/Support/Advocacy		
Adolescent Health Transition Project (STATEWIDE)	206-685-1350	http://depts.washington.edu/healthtr/
Answers for Special Kids (ASK) Resource Line (STATEWIDE)	1-800-322-2588	http://www.parenthelp123.org
Attention Deficit Disorder Association (NATIONAL)	1-800-939-1019	http://www.add.org
Autism Outreach Project (STATEWIDE)	1-888-704-9633	http://www.nwesd.org/autism
Autism Society of Washington (STATEWIDE)	1-888-279-4968	http://www.autismsocietyofwa.org
Autism Society of Washington - Spokane	509-624-3323	http://www.autismsocietyofwa.org/asw-spokane/
Autism Speaks (NATIONAL)	1-866-362-6227	http://www.autismspeaks.org/family-services/resource-guide
Beats and Rhythms (Support for Children with Congenital Heart Disease)	509-474-6725	http://www.beatsandrhythms.org
Big Brothers/Big Sisters - Spokane	509-328-8310	http://www.northwestbig.org/
Candlelighters (For Families with Children who have Cancer)	509-474-2759	http://www.candlelightersinlandnw.org
Caring Friends of Cystic Fibrosis Support Group	509-536-0406 or 509-999-3359	
Catholic Charities Counseling - Spokane	509-242-2308 or call toll free at 1-800-831-1209	http://www.catholiccharitiesspokane.org/
Center for Children with Special Needs (NATIONAL)		http://cshcn.org/
Center for Parent Information and Resources (NATIONAL)	(973) 642-8100	http://www.parentcenterhub.org/
Child Protective Services (CPS) (STATEWIDE)	report abuse or neglect of a child: 1-866-363-4276	http://www.dshs.wa.gov/endharm.shtml
Child Protective Services/Department of Child & Family Services (CPS, DCFS) - Spokane	509-993-8854 or toll free 1-800-562-5624	http://www.dshs.wa.gov
Children with Attention Deficit Disorder (CHADD) (NATIONAL)	1-301-306-7070	http://www.chadd.org
Columbia Legal Services (STATEWIDE)	206-464-5911 or 1-800-542-0794	http://www.columbialegal.org/
Community Health Education Resources (CHER) - Spokane	509-232-8138	http://www.cherspokane.org
Compassionate Friends (Grief Support) - Spokane	509-328-1147 or 509-993-8854	http://www.compassionatefriends.org
Complex Child (Free Online e-Magazine) (NATIONAL)		http://www.complexchild.com
Coordinated Legal Education Advice and Referral (CLEAR) (STATEWIDE)	1-888-201-1014 (Voice/TTY)	http://nwjustice.org/get-legal-help
Disease or Condition-Based Agencies and Clinics (NATIONAL)		http://www.healthfinder.gov/
Down Syndrome Family Network	509-482-0224	
Easter Seals Washington (STATEWIDE)	206-281-5700 (Voice/TTY)	http://www.wa.easterseals.com
Epilepsy Foundation Northwest (STATEWIDE)	206-547-4551 or toll free 1-800-752-3509	http://www.epilepsynw.org/
Fairchild AFB Resources	509-247-2246	
Families for Effective Treatment of Autism of Washington (STATEWIDE)	425-223-5126	http://www.featawa.org
Families Together for People with Disabilities (STATEWIDE)	509-335-2321 or toll free at 1-866-326-4864	http://www.familiestogether.org
Family Educator Partnership Project (FEPP) - Ferry/Pend Oreille/Spokane/Stevens	509-328-6326	http://www.spokaneparentcoalition.org/fepp.htm
Family Faces (Info/Support for Craniofacial Disorders) - Spokane	509-879-5569	http://www.familyfaces.org
Family to Family Health Information Centers (F2FHICs) (NATIONAL)	1-888-835-5669	http://www.familyvoices.org/page?id=0034
Food Allergy Initiative (NATIONAL)	(800) 929-4040	http://www.faiusa.org
Foster Parent Association of Eastern Washington	509-363-3550	http://www.fpas.org
Learning Disabilities Association of Washington (STATEWIDE)	425-882-0820	http://www.ldawa.org
Life Opportunities Trust (STATEWIDE)	1-888-754-8798 ext 106	http://arcwa.org/getsupport/life_opportunities_trust

Lutheran Community Services Northwest	509-747-8224	http://www.lcsnw.org/
Make a Wish Foundation (NATIONAL)	800-722-9474	http://www.wish.org/
Make a Wish Foundation - Spokane	800.304.9474	http://akwa.wish.org/
March of Dimes (NATIONAL)	914-997-4488	http://www.marchofdimes.com/
Medical Home Leadership Network (STATEWIDE)	206-685-1279	http://www.medicalhome.org/
Medline Plus (NATIONAL)		http://www.nlm.nih.gov/medlineplus/
Muscular Dystrophy Support Group	509-533-5470	
National Down Syndrome Society (NATIONAL)	1-800-221-4602	http://www.ndss.org/
National Organization for Rare Disorders (NORD) (NATIONAL)	1-800-999-6673 (VM only) or 203-744-0100 or 203-797-9590 (TDD)	http://www.rarediseases.org
Northwest Infant Survival & Sudden Infant Death Syndrome (SIDS) Alliance	509-456-0505	http://www.nwsids.org/
Northwest Justice Project (STATEWIDE)	1-888-201-1012	http://nwjustice.org/
Office of the Family and Children's Ombudsman for Washington (STATEWIDE)	1-800-571-7321 or 206-439-3870 or 206-439-3789 (TTY)	http://www.governor.wa.gov/ofco/
Pacer Center's Kids Against Bullying (NATIONAL)	888-248-0822	http://www.pacerkidsagainstbullying.org/
Parent Help 123 / Family Health / Within Reach Hotline (STATEWIDE)	1-800-322-2588	http://ParentHelp123.org/
Partnerships for Action, Voices for Empowerment (PAVE) - Support/Help with Schools (STATEWIDE)	1-800-572-7368 or 253-565-2266 (Voice/TTY)	http://www.wapave.org
Passages (Support for Parents of Children with Mental Illness)	509-892-9241	http://www.passages-spokane.org
Relatives Raising Relatives	509-747-4174	http://www.chs-wa.org
Seattle Children's Resource Line (STATEWIDE)	1-866-987-2500	http://www.seattlechildrens.org
Sibling Support Project (STATEWIDE)		http://www.siblingsupport.org
Sound Options Group (STATEWIDE)	206-842-2298 or toll free at 1-800-692-2540	http://www.somtg.com
Specialized Training of Military Parents (STOMP) (STATEWIDE)	253-565-2266 or toll free at 1-800-572-7368	http://www.stompproject.org
Spina Bifida Association of Washington (STATEWIDE)	1-888-289-3702 or 253-589-3700	http://www.sbaws.org/
Spokane Child Abuse and Neglect Prevention Center (SCAN)	509-458-7445	http://www.scancenter.org
Spokane Mental Health First Call for Help 24 Hour Crisis Hotline	509-838-4428	http://www.smhca.org
Spokane Smiles - Community Network for children with Craniofacial Anomalies	509-251-8387	http://www.spokanesmilesonline.com
Starlight Children's Foundation - Washington (STATEWIDE)	509-474-2820 (East Chapter)	
The Arc of Spokane	509-328-6326	http://www.arc-spokane.org
The Arc of Spokane - Fathers Network	509-328-6326	http://www.arc-spokane.org
The Arc of Spokane - Parent Coalition	509-328-6326	http://www.arc-spokane.org
The Arc of Spokane - Parent to Parent	509-328-6326	http://www.arc-spokane.org/
Traumatic Brain Injury Association of Washington (STATEWIDE)	1-877-824-1766	http://www.braininjurywa.org
United Cerebral Palsy (NATIONAL)	1-800-872-5827	http://www.ucp.org
Washington Access Fund (STATEWIDE)	206-328-5116 or 1-877-428-5116 or 1-888-494-4775 (TTY)	http://www.washingtonaccessfund.org
Washington Information Network 211 (STATEWIDE)	211 or 1-877-211-9274	http://www.win211.org
Washington Parent Coalitions (STATEWIDE)	360-254-1562	http://www.washingtonparentcoalitions.org/
Washington Parent Power (STATEWIDE)	1-800-322-2588	http://www.ParentHelp123.org
Washington State Information (STATEWIDE)		http://access.wa.gov

Washington State Legislative Hotline (STATEWIDE)	1-800-562-6000 or 1-800-635-9993 (TTY)	http://www.leg.wa.gov
Washington State Medical Home Website (STATEWIDE)	206-685-1279	http://www.medicalhome.org
Wishing Star Foundation	509-744-3411	http://www.wishingstar.org
Within Reach (STATEWIDE)	1-800-322-2588	http://www.withinreachwa.org

Medical Supplies and Equipment/Home Care Services

Aging & Long Term Care/Respite Care Provider Registry	509-458-2509 or toll free at 1-800-970-5456	http://www.altcew.org
Apria Healthcare - Spokane	509-489-1000	http://www.apria.com
Bates Pharmacy & Medical Supply	509-489-4500 or toll free at 1-800-601-2782	http://www.batesrx.com
Byram Healthcare	Toll free at 1-800-456-3500	http://www.byramhealthcare.com
Evergreen Home Care - Spokane	509-838-4826 or toll free at 1-800-953-9100	
Family Home Care & Hospice	509-473-4900 or toll free at 1-888-682-8551	http://www.familyhomecare.org
Interim Health Care	509-456-5665	http://www.interimhealthcare.com/spokane
Life Care Solutions	509-921-6560 or toll free 1-800-475-0278	http://www.lifecaresoln.com
Maxim Healthcare Services (STATEWIDE)	no phone number, visit website	http://www.maximhealthcare.com/lresults.aspx?st=WA
Maxim Healthcare Services - Spokane	509-324-6421	http://www.maximhealthcare.com/lresults.aspx?st=WA
Medical Device Portal (NATIONAL)	no phone number, visit website	http://www.zapconnect.com
OptionCare, Inc./Walgreens Home Care (NATIONAL)	1-800-207-2568	http://www.walgreenshealth.com
S & S Home Care	509-533-0005	http://www.sandshealthcare.com/
S & S Home Care - Spokane	509-533-0005	
Sixth Avenue Medical Pharmacy	509-455-9345	
Visiting Nurses Association (VNA)	425-967-3080	http://vnaa.org/find-a-provider
Walgreens (previously OptionCare)		http://www.walgreenshealth.com/
Walgreens-Option Care	509-326-0306	
Washington Access Fund (Formerly Washington Assistive Technology Foundation_ (STATEWIDE)	206-328-5116 or toll free at 1-877-428-5116 or 1-888-494-4775 (TTY)	http://www.washingtonaccessfund.org

Medical/Dental/Behavioral Health Services

Access to Baby and Child Dentistry (ABCD) Program - Spokane	509-324-1478	http://www.srhd.org/services/dental.asp
Center for Mental Health Services (NATIONAL)	240-276-1310	http://www.samhsa.gov/about-us/who-we-are/offices-centers/cmhs
Children's Home Society of Washington - Spokane	509-747-4174	http://www.chs-wa.org/our_locations/spokane.html
Eastern Washington University Dental Hygiene Clinic	509-828-1300	http://www.ewu.edu/CSHE/Programs/Dental-Hygiene/Dental-Patients.xml
Family Service Spokane	509-838-4128	http://www.familyservicespokane.org/
Inland Empire Maxillofacial/Cleft Program	(509) 474-3106	http://washington.providence.org/hospitals/sacred-heart-childrens-hospital/services/maxillofacial-program/
Inland Northwest Genetic Clinics	509-535-2278	
Muscular Dystrophy Association & Clinic - Spokane	509-325-3747 or 509-747-5242	http://www.mda.org
National Mental Health Information Center (NATIONAL)	1-877-726-4727	http://www.mentalhealth.samhsa.gov
Native Health	509-483-7535	http://www.nativeproject.org
Sacred Heart Children's Hospital - Adolescent Health	509-474-5445	
Sacred Heart Children's Hospital - Cardiology Clinic	509-474-6707	

Sacred Heart Children's Hospital - Continence Clinic	509-474-3750	
Sacred Heart Children's Hospital - Cystic Fibrosis Clinic	509-474-6960	
Sacred Heart Children's Hospital - Developmental Center	509-474-2730	
Sacred Heart Children's Hospital - Gastroenterology Clinic	509-474-5437	
Sacred Heart Children's Hospital - Hematology/Oncology Center	509-474-2777	
Sacred Heart Children's Hospital - Maxillofacial Program	(509) 474-3106	http://washington.providence.org/hospitals/sacred-heart-childrens-hospital/services/maxillofacial-program/
Sacred Heart Children's Hospital - Neonatal Follow-up Center	509-474-5441 or 509-474-6300	
Sacred Heart Children's Hospital - Surgical Specialties	509-474-5445	
Seattle Children's (STATEWIDE)	1-866-987-2000	http://www.seattlechildrens.org
Shriner's Hospital for Children - Spokane	509-455-7844	http://www.shrinershospitalsforchildren.org/Hospitals/Locations/Spokane.aspx
Shriner's Hospital for Children-Muscular Dystrophy Clinic	509-623-6431	
Smile Mobile Dental for Children (STATEWIDE)	206-517-6303 or toll free at 1-800-572-7835 ext 6303	http://www.deltadentalwa.com/Guest/Public/AboutUs/WDS%20Foundation/SmileMobile.aspx
Spokane Mental Health - Child and Family Services	509-458-7458 or 509-624-0004 (TDD)	http://www.smhca.org/
St. Lukes Rehabilitation Institute-Pediatric Outpatient Services	509-473-6079	https://www.st-lukes.org/Sub.aspx?id=508
University of Washington Center on Human Development & Disabilities (CHDD) (STATEWIDE)	206-543-7701	http://depts.washington.edu/chdd/
Valley Hospital and Medical Center - Pediatrics	509-473-5476	http://www.spokanevalleyhospital.com/

Nutrition/Feeding

Community Feeding Teams-DOH Nutritionist	206-685-1297 or 360-236-3561	http://depts.washington.edu/cshcnnut/
CSHCN Nutrition Resources (STATEWIDE)	206-685-1297 or 360-236-3561	http://depts.washington.edu/cshcnnut/resources/cshcn.html
Family Food Hotline (STATEWIDE)	1-888-436-6392	http://www.parenthelp123.org
Getting Connected (STATEWIDE)	206-685-1297 or 360-236-3561	http://www.depts.washington.edu/cshcnnut/resources
Sacred Heart Medical Center & Children's Hospital-Cystic Fibrosis Clinic	509-474-6960	
Sacred Heart Medical Center & Children's Hospital-Dietitian for Adolescent Weight Management and Eating Disorders	509-474-4988	
Sacred Heart Medical Center & Children's Hospital-Pediatric Outpatient Dietitian and Feeding & Growth Clinic	509-474-7185	
Women, Infants, and Children (WIC) Nutrition Program - Airway Heights	(509) 244-9334	http://www.srhd.org/services/wic.asp
Women, Infants, and Children (WIC) Nutrition Program - Cheney	509-559-5839	http://wccc.myspokane.net/wic.htm
Women, Infants, and Children (WIC) Nutrition Program - Deer Park	509-276-3770	http://www.srhd.org/services/wic.asp
Women, Infants, and Children (WIC) Nutrition Program - East Central Community Center	509-323-2830	http://www.srhd.org/services/wic.asp
Women, Infants, and Children (WIC) Nutrition Program - Fairchild AFB	509-247-2760	http://wccc.myspokane.net/wic.htm
Women, Infants, and Children (WIC) Nutrition Program - North Spokane	509-323-2818	http://www.srhd.org/services/wic.asp
Women, Infants, and Children (WIC) Nutrition Program - Northeast Community Center	509-323-2828	http://www.srhd.org/services/wic.asp
Women, Infants, and Children (WIC) Nutrition Program - Spokane Regional Health District	509-324-1620	http://www.srhd.org/services/wic.asp
Women, Infants, and Children (WIC) Nutrition Program - Valley Center	509-323-2800	http://www.srhd.org/services/wic.asp

Recreation

Accessible Trails (for wheelers and slow walkers) (NATIONAL)	530-605-4395	http://www.americantrails.org/resources/accessible/index.html
Babe Ruth Bambino Buddy Ball	509-251-2588	
Camp Fire USA - Spokane	509-747-6191 or toll free at 1-800-386-2324	http://www.campfireinc.org
Free Reins	509-979-1468	http://www.freereinspokane.org/
Parks and Recreation - Spokane	509-625-6200	http://spokaneparks.org/
Parks and Recreation - Spokane Valley	509-688-0182	http://www.spokanevalley.org/content/124/938/146/default.aspx
Professional Association of Therapeutic Horsemanship International (NATIONAL)	1-800-369-7433	http://www.pathintl.org/
Special Olympics - Washington (STATEWIDE)	1-800-442-2508 or 206-362-4949	http://www.specialolympicswashington.org/
Spokane Youth Sports Association	509-536-1800	http://www.sysa.com/
Summer Camp Directory for Special Needs Children - Seattle Children Hospital		http://cshcn.org/resources-contacts/summer-camp-directory
YMCA - Spokane	509-777-9622	http://ymcaspokane.org

Transportation

Angel Flight West (STATEWIDE)	1-888-426-2643	http://www.angelflightwest.org
National Patient Air Transportation Helpline (NATIONAL)	1-800-296-1217	http://www.patienttravel.org
Special Mobility Services (Medicaid Broker for Transportation and Foreign Language Interpreters)	toll free at 1-800-892-4817 or 1-800-821-7167 (TDD)	http://www.sms1.org/
STA - Paratransit	509-328-1552	http://www.spokanetransit.com